

Tabelle1

Ballyduff Set**1.Figur (Polka)**

All	Balance In/Out (Waltz hold)	4	
	Swing	4	
Tops	Balance In/Out (Waltz hold)	4	
	Ladys Cross , Gents Cross	4	
	Balance and Crossing	8	
	Ladies Chain (Hände in Schulterhöhe)	8	
	Swing	8	
Sides	Wiederholung	32	
Tops/Sides	Wiederholung	64	
All	Balance and Swing	8	152

2.Figur (Polka)

Tops	Ladies zu opp.Gent (LeftHands in Schulterhöhe), 2 Turns mit opp.Gent, --> --> Ende Line of 4 (Ladies RHRH in Centre, parallel mit Sides)	8	
	Line 2 Bars am Platz, Ladies in 2 Bars home, 4 Bars Swing	8	
	Balance In/Out (Waltz hold)	8	
	House	8	
Sides	Wiederholung	32	
Tops/Sides	Wiederholung	64	136

3.Figur (Polka)

All	House	8	
Tops	Gents cross, Ladies Cross	4	
	Swing crossed Hands	4	
	Balance crossed Hands	4	
	Gents cross, Ladies Cross	4	
	Ladies Chain (Hände in Schulterhöhe)	8	
	Swing normal	8	
Sides	Wiederholung	32	
Tops,Sides	Wiederholung	64	
All	House	8	152

4.Figur (Polka)

Tops	Balance	4	
	1/2 House	4	
	Balance + 1/2 House	8	
	House	8	
Sides	Wiederholung	24	
Tops,Sides	Wiederholung	48	104

5.Figur (Polka)

All	Circle Adv.&Retire	8	
	Swing	8	
	Circle Adv.&Retire, Ladies move 1 Position	8	
	Swing	8	
	Wiederholung bis Swing own Partner	48	88